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Hi, Ava rd  well-being  splurgeNew:  you love her  you love him

About Ava Roxanne Stritt



Name: Ava Roxanne Stritt

Expertise: True believer that travel, spa and skincare experiences are not a luxury, but essential to a healthy body and mind

Location: Atlanta

Interests: Collecting experiences through travel and meeting interesting people

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Background: I'm a travel writer with a passion for resort spas. Fox News, USA Today, Los Angeles Times, Spa Week and the Atlanta Journal Constitution have recently quoted me concerning spa, travel, fashion, the environment, and various other topics. As a travel writer and the editor of Spa Travel Gal, my articles have appeared with Spa Week, H Magazine, Destinations Travel Magazine, CBS News, Upscale Living Magazine, Healthy Living Magazine, Examiner and various other media outlets. I'm a writer, a financial analyst, and a wife and mother from Atlanta.



Favorite meal: Most recent was at Blu at St. Kitts Marriott, where the freshest seafood is served. I had Chilean Seabass along with an amazing cocktail named Lush that included Midori.

Recent purchase: Tumi Luggage that I can now not live without!

Hidden talent: Analytics

Book/film recommendation: Eat, Pray, Love

Restaurant recommendation (can be anywhere in the world): Currently Blu at St. Kitts Marriott

If I had \$20, I'd... donate it to Noah's Ark Animal Sanctuary

Transformative travel experience: Visiting the rainforest with Greg's Safaris!

Favorite neighborhood (can be anywhere in the world): Chelsea in London has the most amazing street for shopping called King's Road. Any street full of shops with spas hidden in the back is a dream.

Dream holiday: One that never ends – one only moves to a different location every month all around the world!

If I could solve one problem, it would be: Cruelty to Animals

I wish people cared more about: Animal Welfare

Recent aha! moment: Fav New Drink – a ting (or a ting with a sting)

The world would be a better place if: If we all TRULY cared for each other!

Curated by Ava Roxanne Stritt



PUR Facial Cleanser



Beautiful Eyes Concentrate Intensive



EFFACE Line Eraser Concentrate



Hydrating & Firming Body Lotion



Hydrating & Purifying Serum



Cellular Regeneration Cream

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